

Hike it Baby
Bring it Outside Nadaka Nature Park
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\$20,000

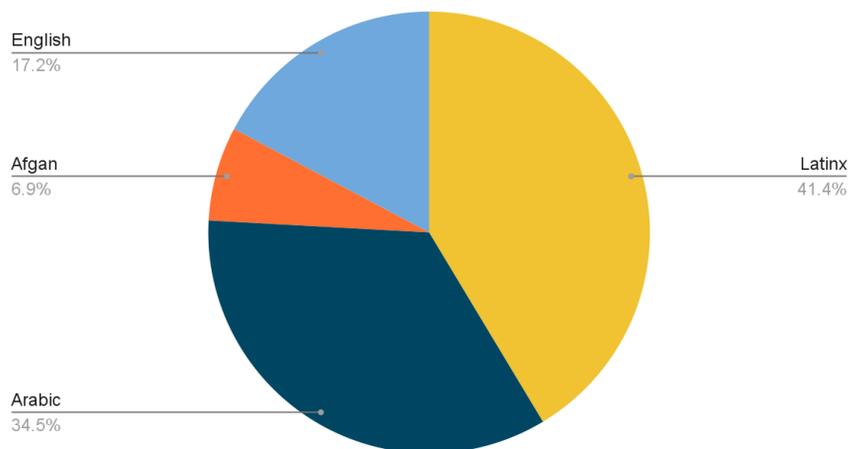


Thanks to the support of the Oregon Conservation and Recreation Fund (OCRF), Hike it Baby (HiB) was successfully able to administrate and execute Bring it Outside programming in Nadaka Nature Park to focused communities and beyond.

Through the Bring it Outside Program, we introduced and connected BIPOC, Immigrant & Refugee, and Latinx families to the public greenspaces near where they live, providing that first step out hiking as a family in a supportive group environment, with the larger goal of continuing outdoor exploration and increased diversity of those who enjoy Oregon’s recreational spaces.

While we brought this programming to the Latinx families in the Gresham area, we

Community Served



also successfully opened programming to immigrant families from the Greater Middle Eastern community.

Families were provided gear and immersive workshops in Nadaka Nature Park, a high equity location in Gresham's Rockwood Neighborhood. We also created and distributed a park guide for the Latinx community in the Portland area. ([Hike it Baby Portland Story Map](#))

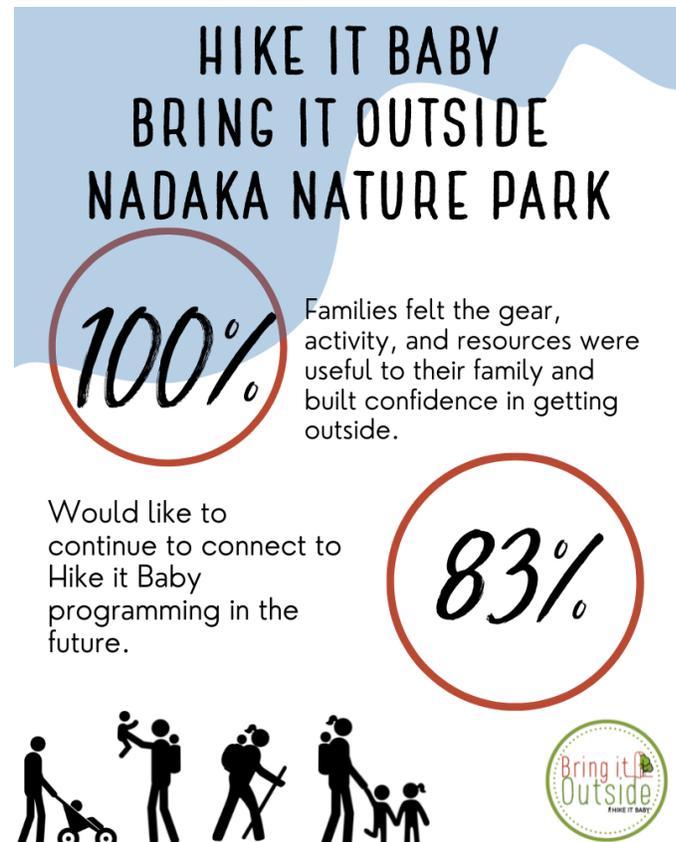
Hike it Baby reached families in Gresham, Oregon, a historically marginalized community in the Portland Metro area. We found that families felt comfortable and valued their participation by providing resources and activities to the families participating in their native language and providing a facilitator that speaks their language, families felt comfortable and valued their participation.



At the end of our workshop programming, we hosted a family festival and invited several community partners to join us in creating a welcoming and inclusive day

outside. Program participants from the Latinx, Greater Middle Eastern, and Gresham community joined us. We provided culturally relevant lunches, fun activities like nature art, giant bubbles, walks on the nature trail, picnicking in the park, and a pop up campsite for families to enjoy. The Oregon Zoo brought animal cards and shared zoo resources. Nurturely had a baby-wearing tent and did a babywearing and bailando dance. NW Family Daycation shared bilingual day adventures for families around the Portland Metro. The best part was watching families find their own ways of enjoying time together outside such as multiple generations from grandparents to toddlers sitting together in the shade, laughing and enjoying lunch or a group of dads breaking out a soccer ball to play with their teens in the grass. All in all, it was a great event celebrating culture, families, and nature.

Families participating in the Nadaka Park Bring it Outside program were asked a series of survey questions after the program. Based on the collection with the results we found that families participating connected with programming and their community through the distribution of gear and materials and the balance of parent resources, and activities for their young children to participate in. Families also built confidence through the familiarity of the park location and access to location within their community.



Overall, with our second go through of this program in the Portland Metro area, we found that the materials provided being relevant to the parks, as well as the culture of the family is important. The built-in flexibility in our programming allowed for us to pivot to better serve immigrant communities and foster a brand new partnership with IRCO. We are very excited to further explore our connection with IRCO (Immigrant and Refugee Community Organization) and support incoming refugees in the Portland Metro area and beyond.

OCRF's contribution and support made it possible to provide 45 backpacks with gear identified in supporting first steps in nature, such as Merrell hiking shoes, quick dry towels, water bottles, snacks, and much more. We developed a curriculum that connects families to outside experiences through direct nature-based activities, hikes in local parks, and caregiver resource guides for getting outside as a family. We had the opportunity to make impactful connections with the Latinx and Greater Middle Eastern Immigrant communities in which we will provide further support and resources, such as Bringing the baby outside and navigating nature with children classes to both communities. This has also allowed us to provide tools and resources to Latinx families in various Portland communities.



Itemized Budget:

<https://drive.google.com/file/d/1Y2CNt-aE5AipDfafdWQINdbKw7LePe3O/view?usp=sharing>

Program Blog: <https://hikeitbaby.com/blog/family-festival-at-nadaka-nature-park/>

Photos: <https://jenncanjarphotography.shootproof.com/gallery/18753002/>